



Winter has definitely found us here in Red Beach, Hibiscus Coast. One minute it's sunny, the next it's pouring down. However the last couple of days have been fantastic. I managed a walk along the beach this morning and it was quite beautiful, the sea was calm and the sky was blue. This photo was taken from my phone this morning - what a great start to the day!



We have bought in a number of new products this month, one of these is a duel hot and cold pack. Ideal for sports injuries and to keep in the first aid kit at work.

May Product Special



Duel hot and cold packs are designed for use after injuries. Each pack can be used either hot or cold.

- Durable soft feel cover to eliminate scratching.
- When frozen, cold pack is still malleable so will easily mold around body.
- Keep in the freezer for immediate use on injuries.
- Microwave for hot use.

Hot/Cold packs are available in two sizes Large 28cm x 15cm, Small 28cm x 11cm.

This months special: Hot/Cold Pack Large Usually ~~\$25.60 + GST~~
This month **\$23.60 + GST** [BUY NOW](#)

Interesting fact!

According to Statistics NZ website there were 224,900 work place injuries in 2008!

Unusual video!

Some enterprising students came up with this fascinating toilet paper dispenser made out of lego

<http://www.youtube.com/watch?v=QTsXITKaFq0>

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